

GENERAL INFO CANYONING TOUR

The tour choice by you, date, meeting time and final cost is confirmed by e-mail with this annex

IMPORTANT!

Send to us: NAME, SURNAME, WEIGHT AND HEIGHT (we need to prepare the technical staff)

MEETING POINT

The meeting point is at our base in PIEVE DI LEDRO, VIA NUOVA 7, LAGO DI LEDRO, 20 minutes' drive from Riva del Garda (free parking).

GOOGLE MAPS: Canyoning TRENTINO-LAGO DI GARDA Trentino Climb - Ufficio Partenza Canyon Palestre Arrampicata

A) GENERAL CHARACTERISTICS OF THE ACTIVITY

Canyoning is an outdoor discipline consisting of descending narrow gorges traversed by watercourses, with obstacles mainly represented by rock jumps, waterfalls, slides and flooded corridors. The environment in which the activity takes place is by its very nature impervious and presents objective and intrinsic risks, which cannot be totally eliminated even by the intervention of the Guide and the application of the risk management procedures indicated by the very same Guide.

The most significant risks of an objective nature, connected to the type of environment and activity, include but are not limited to: **a) falling stones, trees or parts of them, things moved by animals or other things falling from above; b) sudden change of weather conditions, with the presence of possible floods, change of temperatures and consequent risks of hypothermia, frostbite and drowning; c) possibility of slipping, crushing and/or entrapment of limbs during the progression or during jumping and tobogganing activities; d) unforeseen obstructions in the riverbed that force the group of participants to leave the canyon; e) incorrect use of technical equipment; f) lack of immediate accessibility by the local rescue system in case of an accident, with the consequent impossibility of evacuating the injured person in a short time.**

B) EQUIPMENT PROVIDED TO MITIGATE RISKS

In order to mitigate the typical risks of the activity, participants are required to wear the equipment made available for this purpose by the organiser, consisting of a neoprene wetsuit, harness, helmet, footwear, buoyancy aid waistcoat, descender and safety lanyard and everything else indicated by the Mountain Guide.

C) PERSONAL GEAR AND EQUIPMENT

Each participant must be equipped with the following clothing: swimming costume, hiking shoes or sneakers with a treaded sole for progression along the trails and in the canyon

Flip-flops, sandals, open-toed shoes or beach shoes are not permitted.

For safety reasons, the use of helmet cameras or extendable or fixed chest supports is prohibited.

D) INITIAL BRIEFING AND GUIDE INSTRUCTIONS ALONG THE ROUTE

Before starting the activity, the Guide will give the participants a briefing on the characteristics and risks of the chosen canyon, the equipment provided and how to progress as well as to practice the activity safely. Participants must strictly follow the Guide's instructions during the briefing and along the route.

Participants are informed in advance that the dives and slides, although recreational, always present a degree of danger and are never compulsory, but that it is possible to get round the obstacle by going along one of the banks or being lowered by the Guide using a rope.

E) PHYSICAL CONDITION AND TECHNICAL ABILITIES

No special skills or experience are required for the activity, but good general fitness, normal swimming ability and the absence of claustrophobia or dizziness are required. It is also forbidden to perform the activity under the influence of alcohol or psychotropic substances.

The activity requires a good state of health. Significant back disorders, resulting for example from major surgery, scoliosis, or osteoporosis, could cause problems from the impacts generated when jumping and sliding in the water. You must state this when booking and subsequently you should tell the Guide leading the trip. In serious cases we do not recommend this activity.

MINIMUM AGE – WEIGHT

For the VIONE KIDS TOUR: 30 kg of weight – 10 years old

For the integral tour (Palvico/Rio Nero): 38 kg – 12 years

FREQUENTLY ASKED QUESTIONS

1. Is it a problem if I wear glasses or contact lenses?

IF YOU CANNOT DO WITHOUT GLASSES YOU SHOULD TIE THEM ON WITH A CORD (ASK OUR GUIDES FOR HELP AT OUR BASE). ON BIG JUMPS YOU SHOULD TAKE THEM OFF AND PUT THEM IN YOUR JACKET POCKET. DISPOSABLE CONTACT LENSES ARE RECOMMENDED – SOME OF OUR GUIDES USE THEM DAILY WITHOUT PROBLEMS.

2. What if I am afraid of jumping?

THIS IS NO PROBLEM AND OUR GUIDES CAN ALWAYS LOWER YOU DOWN ON THE ROPE. SLIDING AND JUMPING ARE GREAT FUN, BUT NEVER OBLIGATORY.

3. If it rains and the trip is cancelled will I lose my fee?

TRIPS ARE NOT NORMALLY CANCELLED FOR RAIN SINCE GETTING WET IS PART OF THE FUN. HOWEVER, IF THE WATER LEVEL IN THE CANYON IS UNSAFE THE TRIP WILL BE CANCELLED AND YOUR PAYMENT WILL BE REFUNDED IN FULL.

IN ALL CASES TRENTINOCLIMB WILL INFORM YOU OF ANY CHANGES AS EARLY AS POSSIBLE.

PRICE:

PALVICO KING: 85€ P.P.

VIONE KIDS: 80€ P.P.

SUNNY CANYON: 90€ P.P.

RIO NERO SHORT: 85€ P.P.

VIONE INTEGRAL: 100€ P.P.

RIO NERO INTEGRAL: 150€ P.P.

FAMILY OFFER MINIMUM 4 PAX

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